

Menu - Week One

	OPTION 1	OPTION 2 (Vegetarian)	DESSERTS
Monday	Beef Bolognese With whole wheat pasta and peas	Veggie Bolognese With whole wheat pasta and peas	Chocolate Ice Cream Yoghurt Apple
Tuesday	Bangers & Mash With peas and gravy	Veggie Bangers & Mash With peas and gravy	Muffin Yoghurt Melon Pot
Wednesday	Roast Chicken and Mash With veg and gravy	Quorn Roast and Mash With veg and gravy	Oak & Lemon Cookie Yoghurt Orange
Thursday	Beef Chilli With wholegrain rice and salad	Veggie Chilli With wholegrain rice and salad	Jam Donut Yoghurt Banana
Friday	Chicken Strips and Chips Or Fish and Chips With beans or peas and/or gravy	Quorn Sausage Roll With chips beans or peas and/or gravy	Waffle Yoghurt Pineapple Pot

GRAB & GO OPTIONS

Available Everyday

Pizzas:

Margarita
Ham (Wednesday Special)

Paninis:

Cheese Only, Ham & Cheese, Ham Only, Cheese & Tuna or BBQ Chicken

Sandwiches or Wraps:

Cheese, Ham, Cheese & Ham, Chicken & Mayo or Tuna Mayo

The above will be served with wedges and side salad or cucumber sticks

Jacket Potatoes:

Cheese, Beans or Tuna Mayo

You can choose 2 toppings

The above will be served with a side salad

Pasta:

Plain, Tomato Sauce or Cheese

You can choose 2 toppings

The above will be served with a side salad